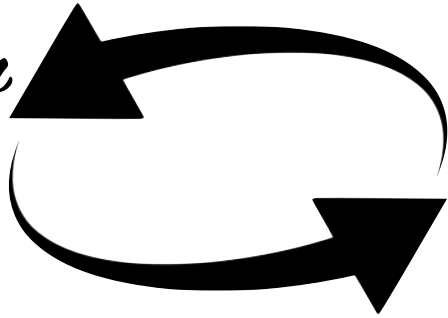


# TRASH TALK

June 2024



*Rethink or  
Renew  
habits*



*to create  
LESS  
waste*

We get it, you're busy. Sustainable swaps might seem daunting and time-consuming, but starting small is the key to getting good at it. Not only do sustainable swaps benefit the

environment, they almost always benefit your pocketbook as well. Feeling powerless is all too common in our current climate situation, but making sustainable swaps can have real effects on the waste we produce and decreasing greenhouse gasses.



## START WITH:

- **Reducing single use items.**
- **Challenging yourself to buy items with less and or recyclable packaging** (e.g. cardboard egg containers instead of plastic or styrofoam)
- **Looking to buy larger quantities** (e.g. instead of snack size chip bags, get larger bag and dole out into reusable containers for lunches).
- **Not buying a coffee or beverage unless you bring a reusable cup** (betcha you won't forget it next time!).
- **Planning ahead** (e.g. make and bring your own lunch for road trips instead of buying something)
- **Composting food waste** instead of putting down the disposal or in the trash.
- **Ditch the ziplocks** (so many ways to store food - containers, silicone bags, aluminum foil can be rinsed and recycled, beeswax wraps)

Take a look at your pantry and your daily habits in a new way, noting the ways you could improve, and feel good as you check off each sustainable swap ✓

environment, they almost always benefit your pocketbook as well.

**The average American creates 4.8 pounds of waste per day** and sustainable swaps are a great first step in reducing that number.

The graphic above reveals some easy ways to start, but there are numerous swaps to be found around your house or workplace, all of which are totally doable. Tackling one at a time gives you a sense of accomplishment as you change your habits, and with the right mindset it can become a fun challenge.

## In the Know

### Touch-a-Truck Event

Join us and many other community partners June 28 at the Performing Arts Center



This is a great opportunity to see one of our collection trucks up close and meet a TSS driver and customer service staff. We'll be giving away mini-garbage trucks, answering questions, and opportunities to crawl in the cab as well as learn about how the truck equipment works including cameras and robotic arms. Fun for all ages!

### HHW Event



**July 27**  
**10am-2pm @**  
**Thompson's**  
**Sanitary this year**

Bring your Household Hazardous Waste (HHW) to Lincoln County's free annual HHW disposal event (each year it rotates to a different location in the County) put on by the Lincoln County Solid Waste District and Lincoln County Haulers.

#### List of items accepted include:

- Poisons** - pesticides, herbicides, fungicides, and other poisons.
- Heavy Metals** - mercury and products containing elemental mercury.
- Corrosives** - acids, bases, and reactives.

# Price Increase Notice

To our valued customers,

Please note that as of July 1, 2024 Thompson's Sanitary Service rates will increase by 6.63% in the City and 7.81% in the County.

This increase is primarily driven by increased costs to purchase collection trucks, our dedication to providing living wage jobs with competitive benefits, and increases in costs to process material collected at the curb.

Our team at Thompson's Sanitary Service continues to be dedicated to providing exceptional waste service to its customers and the community. Please know you can always reach out to us through the TSS mobile app, email [info@thompsonsanitary.com](mailto:info@thompsonsanitary.com) or call (541) 265-7249.



## EMPLOYEE SPOTLIGHT:

# Meagean Mullen

You might recognize Meagean, the newest member of our amazing office staff, hired just over a year ago in April 2023, because her previous role was as a helpful member of the Fred Meyer customer service team for many years.

One of the reasons Meagean applied with us was her ability to maintain a consistent work schedule. It's very important and necessary for her to have the flexibility for her son Elijah's (age 27) schedule. He is autistic and attends regular group meetings and activities and relies on his parents for transportation and assistance.

When describing what she likes most about working at Thompson's, she says "They treat you like family, and they work with my schedule so I'm able to take Elijah to his groups with his friends."

Meagean and her husband Mike make it a family priority to provide all the opportunities they can for their son. Together they enjoy helping to raise money for Special Olympics as Elijah participates in the Bowling, Basketball, and Track & Field programs. Her personal experience is one of the many things that makes Meagean an outstanding part of our customer service team. She has a unique understanding for customer's needs and works to help them find solutions when problems arise. Meagean is very approachable and her laugh echoes through our office making us all smile.

Meagean moved to Newport in 2004,

feels belonging in our coastal community and enjoys gardening and planting flowers when she has free time.



Elijah, Mike, & Meagean



Meagean, Mike, & Elijah



Elijah in his basketball uniform

## Hatfield Marine Science Center

# REPAIR FAIR

Are you a "fixer" with skills like small appliance or bike repair? Do you like to "do it yourself" and want to share that knowledge?

if you answered yes...

# WE NEED VOLUNTEERS!

SAVE THE DATE JULY 20th

scan the QR code for more details



## GET THE TSS MOBILE APP

QR Code takes you directly to the TSS mobile app



Open phone camera, hover over QR code, app link will appear in yellow. Once downloaded, enter in service address.